




October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 *Cheerios, Applesauce, Milk Sausage Pizza, Ground Sausage, Pizza Crust, Mixed Fruit, Creamed Corn, Milk Crescent Rolls, Orange Juice	2 Bagel, Peaches, Milk Goulash, Hamburger, Elbow Macaroni, Tomatoes, Pears, Milk *Wheat Thins, Yogurt, Water	3 *Jelly Toast, Mandarin Oranges, Milk Chicken Noodle Soup, Chicken Breast, Egg Noodles, Peas & Carrots, Tropical Fruit, Crackers, Milk Triscuits, Cottage Cheese, Water	4 *Oatmeal, Apricots, Milk Turkey Wraps, Sliced Turkey, Lettuce, Tortilla, Grapes, Milk Pizza Bagels, Apple Juice
7 <i>No School</i> English Muffin, Peaches, Milk *Poor Man's Beef Stroganoff, Ground Beef, Noodles, Carrots, Applesauce, Milk Ritz, Tropical Mixed Fruit, Water	8 Muffins, Bananas, Milk Chicken Enchiladas, Chicken Breast, Tortilla, Pears, Green Beans, Milk *Triscuits, Cottage Cheese, Water	9 *Chex, Mixed Fruit, Milk Pork Potato Casserole, Pork Loin, Potatoes, Pineapple, Dinner Roll , Milk Pretzels, Cheese, Water	10 Waffles, Pineapple, Milk Tuna & Noodles, Corn, Mixed Fruit, Rigatoni Noodles, Milk *Rice Cake, Grape Juice	11 *Life Cereal, Mandarin Oranges, Milk Scalloped Potatoes and Ham, Potatoes, Ham, Apples, Dinner Roll , Milk Graham Crackers, Apple Juice
14 Cornbread, Applesauce, Milk Acapulco Turkey Rolls, Ground Turkey, Broccoli, Tortilla, Peaches, Milk *Wheat Thins, Apple Juice	15 *French Toast, Mandarin Oranges, Milk BBQ Cups, Ground Beef, Green Beans, Pears, Biscuits, Milk Teddy Grahams, Grape Juice	16 Grits, Bananas, Milk Tacos, Ground Beef, Tortilla, Lettuce, Apples, Milk *Goldfish, Cottage Cheese, Water	17 	18 
21 <i>No School</i> English Muffins, Mandarin Oranges, Milk Chicken Quesadilla, Chicken Breast, Tortilla, Pears, Creamed Corn, Milk *Jelly Sandwich, Applesauce, Water	22 *Oatmeal, Apricots, Milk Beef Mac & Cheese, Ground Beef, Elbow Macaroni, Cantaloupe, Carrots, Milk Animal Crackers, Orange Juice, Water	23 Bagel, Tropical Blend Mixed Fruit, Milk Turkey Sandwich, Sliced Turkey, Corn, Apricots, Whole Wheat Bread, Milk Pita Crackers, Yogurt, Water	24 Pancakes, Bananas, Milk Sausage Gravy and Biscuit, Ground Sausage, Biscuits, Peas, Pineapple, Milk *Triscuits, Peaches, Water	25 *Toast, Tropical Fruit, Milk Chicken and Rice Casserole, Chicken Breast, Rice, Green Beans, Apricots, Milk Ritz, Apple Juice
28 Waffle, Applesauce, Milk Stuffed Pepper, Casserole, Ground Sausage, Spanish Rice, Bell Peppers, Pineapple, Milk *Rice Cakes, Yogurt, Water	29 *Cornbread, Pears, Milk Baked Chicken, Apples, Baked Potatoes, Dinner Roll , Milk Graham Crackers, Milk	30 French Toast, Applesauce, Milk Porcupine Balls, Ground Beef, Creamed Corn, Apples, Biscuit, Milk *Triscuits, Apple Juice	31 <i>4pm Close</i> Pumpkin Muffins, Apricots, Milk Mummy Dogs, Turkey Dog, Crescent Roll, Haunted Potatoes, Ghouly Grapes, Milk *Witch's Brooms, Pretzels, Cheese, Water	

Breakfast
Lunch
Snack

All juice is 100% juice – no sugar added
 Vitamin D Milk served for ages 12-23 months
 * - whole grain